

QUAVERS

Kitsap Music Teachers Association Monthly News

January 2021 News Digest - Find Full Event Details at our Website, kitsapmusicteachers.org.



President's Message: We WILL make this new year amazing!

I'm sure we're all reflecting on 2020 with the hopes of an improvement in the coming year. Of course, change does not automatically come with the replacement of a calendar. We are still in the middle of a pandemic, government restrictions, and economic downturn. There's not much we can do about that. So how will we make 2021 better than 2020?

While there is so much we cannot control, there is also so much that we can! Whenever I think of new years resolutions, or any goals for that matter, I try to focus on the choices that I am committing to, rather than focusing on the anticipated outcome (though the outcome can certainly be helpful motivation.)

Some examples:

- "I want to lose 10 lbs" vs "I commit to exercising ___ per week, and will stop buying soda."

- "I will fill the vacancies in my studio" vs "I am going to try a new advertising/referral bonus tactic each week until I have filled my vacancies."

- "I am going to perfect [difficult piece]" vs "I plan to spend ___ time practicing each day, and implement ___ techniques (aka give myself a music lesson!) until I have this piece mastered."

When we break things down in that manner, it is easier to see what is feasible in our current situations, especially when we consider what we are committing to do on a daily or weekly basis. I recently came across a quote that says it all:

"People do not decide their futures, they decide their habits and their habits decide their futures." (F. M. Alexander)

So let's get started on creating an incredible new year--one day, one habit, and one choice at a time!

Laura Meredith

President, Kitsap Music Teachers Association



From the Vice-President: Meeting News

Happy New Year!!! We are kicking off 2021 with a little self-care. Janet Horvath is going to tell us all of the best practices for protecting our hearing. This is a crucial part of our profession, and essential for our continued success. Please join us via Zoom at 10:00 on January 8th! Janet's presentation will immediately follow our business meeting.

Melanie Stroud

Vice President



Janet Horvath: Biography of our January 8th Presenter

Janet Horvath is a soloist, writer, anti-racism spokesperson, and award-winning advocate for injury prevention for musicians. The associate principal cello of the Minnesota Orchestra from 1980-2012, she has performed internationally in recital and as soloist, and has performed Kol Nidrei, her signature work, for many decades. Her first book *Playing (less) Hurt – An Injury Prevention Guide for Musicians* has received international critical acclaim. Ms. Horvath's new book, *The Cello Still Sings—A Generational Story of the Holocaust and The Transformative*

Power of Music to be published April 8, 2021 by PageMill Press, delves into her parents' experiences during World War II. Her father, George Horvath, a Holocaust survivor and cellist, played 200 concerts with a small orchestra of Jewish survivors in displaced persons camps throughout Bavaria from 1946-1948. Two of these

morale boosting concerts, in Landsberg and Feldafing DP camps, were with the eminent maestro Leonard Bernstein at the helm, who conducted and played the piano solo of Rhapsody in Blue. In 2018 Ms. Horvath performed in Landsberg, Germany during a 70th anniversary commemorative week, in the very spot to the day, her father played there in 1948.

Ms. Horvath's articles have been published in numerous magazines, including The Atlantic. She completed her Masters of Music degree from Indiana University and her Master of Fine Arts (MFA) in creative writing from Hamline University, in Saint Paul, Minnesota.

Her classical music articles appear on www.interlude.hk

Minutes from November membership meeting

Please review the [minutes from the November membership meeting](#) before our next member meeting. If everyone reviews the minutes before we need to approve them, we are better able to streamline our meetings to keep the business portion shorter. Thank you in advance!

New Year's Virtual Instrumental Projects

Following a very successful video collaboration on Christmas music at three different levels led by Melanie Kurtzbein and Cathy Gabbey, edited by Madison Hennings, I am looking forward to heading up the next project for this spring. I've selected repertoire in three different styles for our strings students, but there is room for winds, keyboard and percussion participation too! Here are the selections.

Beginners to Early Intermediates: Minuet from the Toy Symphony by M. Haydn or L. Mozart (the composer is now disputed and unknown). Scored for 2 violins and cello/bass: I have transcribed a viola part from the 2nd violin part. And the **toys!** We need trumpet OR keyboard on a trumpet-sound setting, playing just a single G; whistling bird call (on plastic water-filled bird whistles); "cuckoo" (two notes on a flute or recorder), and a snare or other drum. These parts require very little technical skill, just the ability to count, so I think it would be fun to invite lots of beginners to participate who are not able to play the string parts on their main instruments yet. There could be more than one student to each toy part. Here is a reference video: <https://youtu.be/1miohLVZobE?t=248>

Intermediates: Somewhere Over the Rainbow, string orchestra arrangement. The difficulty level is similar to Frosty the Snowman that we just did for Christmas. 1st violin shifts to 3rd position. Lots of accidentals in the 2nd violin part.

Advanced: Abridged first movement of Mozart's [Eine Kleine Nachtmusik](#), just from the recapitulation to the ending. Standard string quartet instrumentation. I've found that violin students need to be at about Level 5-6 to be able to play the first violin part cleanly (with trills and mordents) at a reasonable tempo.

Advanced Alternative: If we only have advanced [violin](#) players, I suggest the [Pachelbel Canon](#) (also slightly abridged) with teachers providing that monotonous cello part and the viola pizzicato ostinato that is sometimes included.

I would like to get a good count of the number of students expected to participate, the instruments they play, and their technical levels, so that the students will not be spread too thin on each piece. Please send me an email (jane@melinmusicstudio.com) by January 15. Also, let me know if you have a preference for 2 of these 4 proposed pieces. I have posted links to all of the parts from the [KMTA website Virtual Performances page](#), so that you can take a look at them. (Do you need the password? Contact me or Melanie K.) The proposed due date for student videos will be by mid-March, with a video release date around Spring Break.

--Jane Melin

Register for Strings MAP by January 15

After a hopefully restful holiday break, it's time for us to hit the ground running in 2021! Our registration deadline for the Strings Music Artistry Program is January 15. To register, login at the WSMTA website and follow the link. Register a few days early, in the event that you have trouble logging in.

It is now official: Strings MAP will be on Zoom this year. Our visiting artist has requested that students submit video performances prior to meeting, due to better sound quality and reliability. Teachers will be asked to submit videos a few days prior to the event via a Google form. This part will be strongly recommended, although not required. If you would like assistance with recording equipment, please let me know by January 15.

As for accompanists, do the best you can. It is always good to have a live accompanist, but if you are unable to safely do this, a pre-recorded accompaniment can be used, or none if absolutely necessary.

Before registering your students, please review the [MAP handbook and other forms for teachers](#), provided on the WSMTA website, and the [MAP Zoom Procedures](#) posted on the KMTA website. If you have any further questions, feel free to email me at kurtzbein4@gmail.com. I'm looking forward to an enriching and uplifting event, even though it will look different this year.

Melanie Kurtzbein

KMTA Competitions, 2021

Our 2021 Piano, Vocal and Instrumental Competitions are slated for Saturday, March 13, 2021. This will either be the date for a live performance competition or it will be the date to submit videos for remote judging. Note that it will be tricky to get venue and judges set up for a live performance event on a short timeline, so please be thinking about how to help your students create good recordings, as virtual competition is still the most likely! We want our students to feel positive about this experience, and to treasure their recordings.

Student Recordings — Do you need help getting a good recording made? Do you need access to a good instrument to make your students' recordings? KMTA would like to help. In order to set this up, I will need an estimate of how many students would be interested in an association sponsored recording session. (Remember that recording on your own will give your students unlimited time and retakes, whereas KMTA recording sessions will be limited time slots).

Please send the number of your students who may be interested in the "KMTA Recording Sessions" to mary@marygrantpiano by January 15.

Volunteer Needed — As of this time, a virtual competition is still the only sure thing, and I am planning accordingly. But I know that many are still hopeful that we may get the go-ahead for a live performance competition at the last minute. For that to happen we would need a contingency plan in place. If you are interested in organizing the necessary arrangements for a live competition (venue, judge, schedule, etc.) please contact me at mary@marygrantpiano by January 15.

Happy New Year!

Mary Grant

Carnival and MLP update!

The tipping point has arrived where we have decided, with the amount of work it takes to pull our biggest event of the year together, it must go forward similar to last year. Now, before you get too disappointed, stay tuned for many testimonials of teachers who had great success! We will plan a time for you to ask questions of those of us who were able to implement the tests enjoyably and how the students still enjoyed their experience! We'll have registration information out soon!

Christmas cheer successfully spread by students

A big thank you to the 43 student videos that were submitted to the KMTA Christmas playlist. It was fun to see the festive attire and backgrounds, and to hear joyful holiday music. The highlights of the playlist were our 3 ensemble pieces, organized by our strings teachers, played by our strings students, and edited by Madison Hennings. Wonderful job everyone!

If you have not had a chance to view these videos, you can do so [here](#).

From the Certification Chair:

Welcome to 2021! A great resolution for the New Year would be to begin projects for MTNA Certification. Please let me know if you would like to embark upon the journey towards MTNA certification. As KMTA certification chair, I'd be happy to guide you and cheer you on.

Joann Richardson, NCTM; organistjoann@gmail.com

Bainbridge Community Piano Assoc. Presents First Sundays Concerts, 2021

Our 2021 concert series begins with flute and harpsichord duo Janet See and Jillon Stoppels Dupree, in an online performance.

Details:

Sunday, January 3rd at 4:00 pm

Online performance

\$25 donation per household (*Go to www.firstsundaysconcerts.org to get your ticket!*)

Concert recording will be available to ticket holders for 3 weeks after the live event.

Janet and Jillon will be playing a rich and varied program of both traditional flute and harpsichord repertoire, along with transcriptions of beautiful and well known Purcell and Handel arias. The program will conclude with an organ trio sonata by JS Bach, transcribed for flute and obbligato harpsichord.

Refresh your spirit and join us for this special concert!

BAINBRIDGE COMMUNITY PIANO ASSOCIATION
Proudly Presents

FIRST SUNDAYS CONCERTS

Featuring
Janet See, Flute
Jillon Stoppels Dupree, Harpsichord

January 3 at 4:00 pm
Virtual Performance

Ticket Information

www.firstsundaysconcerts.org
\$25 per household

@firstsundaysconcerts

Special thanks to

Do you have info to distribute to KMTA?

Please send all communication items (website updates/documents, email blasts, Quavers articles, etc.) to Melanie Kurtzbein: kurtzbein4@gmail.com . Plain text in an email body and image files work best.

Quavers articles should be submitted at least 3 days before the end of the month.

UPCOMING EVENTS

Check for registration deadlines, instructions, documents, contacts and more at the linked pages.

[Piano, String and Vocal Music Artistry Programs \(MAP\)](#)

February-March 2021

[Performance Competitions](#)

March 13, 2021

[KMTA Music Carnival and WSMTA Music Literacy Program](#)

Virtual, TBA

Virtual Instrumental Ensembles

March, 2021

MORE FROM KMTA

For the latest information on upcoming events, watch for email alerts to items posted on our [News](#) page.

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